



## **Secret Garden Burgers from Mississippi Station**

1 Tbs. garlic  
1 lb. button mushrooms  
1 large yellow onion

Saute and cool.

6 cups cooked rice  
3 cups black beans  
1 cup fake "bacon" bits  
1 cup crushed hazelnuts  
2 cups baked oats  
2 Tbs. fresh herbs  
1 cup heavy "slurry" (corn starch and water)

Salt and pepper to taste

Combine all ingredients. Allow to cool for 20 minutes. Make into patties and pan fry or bake.

Makes 6-8 burgers



