



Lavender Lemon Soda

Makes 4 Servings

Fizzy, sweet, cold and fresh, soda tastes great on a hot summer afternoon. Hidcote lavender is a great choice for this drink because of its floral essence. Blue Velvet, Provence or Munstead varieties also work well.

INGREDIENTS

1 cup water
1 cup sugar
2 tablespoons fresh lavender flowers
1 cup freshly-squeezed lemon juice
25.3 fluid ounces sparkling mineral water
Ice cubes

DIRECTIONS

Combine water, sugar and lavender in a small saucepan and bring to a simmer over gentle heat.

Remove pan from stove and let mixture steep for 5 to 10 minutes. Strain out flowers and chill the syrup until you are ready to use it.

Combine lavender syrup with lemon juice and pour 1/2 cup of this liquid into an ice-filled glass. Fill the glass with sparkling mineral water and stir. Serve immediately.

Recipe by Kathy Gehrt, author of '[Discover Cooking with Lavender](#)'

