



Garden to Grill: The Custard

Sweet Woodruff Yogurt Custard

1 cup plain yogurt
1 Tab honey
2 egg yolks
6 sprgs sweet woodruff with flowers

Whisk the yogurt, honey and egg yolks until frothy. Pour into the top of a double-boiler over low heat. Add the sweet woodruff. cover and let cook slowly for 10 minutes, stirring occasionally. Remove the sweet woodruff and discard. Continue to cook over low heat, stirring constantly as custard thickens. This can take up to 20 minutes. When thickened, remove from heat. Serve hot, at room temperature or chilled.

Serves 4

